

EPSDT Services

Early and Periodic Screening, Diagnosis and Treatment

EPSDT mental health services are Medi-Cal services that correct or improve mental health problems such as: sadness, nervousness, or anger that makes your life difficult.

Therapeutic Behavioral Services (TBS) are an EPSDT specialty mental health service. TBS helps children and young adults who:

- Have severe emotional problems;
- Live in a mental health placement or are at risk of placement; or
- Have been hospitalized recently for mental health problems or are at risk for psychiatric hospitalization.

If you get other mental health services and still feel very sad, nervous, or angry, you may be able to have a trained mental health coach help you. This person could help you when you have problems that might cause you to get mad, upset, or sad. This person would come to your home, group home or go with you on trips and activities in the community.

Your county mental health department can tell you how to ask for an assessment to see if you need mental health services including TBS.

You must be under age 21 and have full scope Medi-Cal to get these services.

How to get EPSDT Services for yourself (under age 21) or your child

Ask your doctor or clinic about EPSDT services. You or your child may receive these services if you and your doctor, or other health care provider, clinic (such as the Child Health and Disability Prevention Program), or county mental health department agree that you or your child need them. You may also call your local county mental health department directly. The call is free.

2060 Campus Dr,
Yreka, CA
530-841-4100
1-800-842-8979

Siskiyou County Mental Health Offices

1107 Ream Ave
Mt. Shasta, CA
530-918-7200
1-800-842-8979

TYPES OF EPSDT

Services

Therapy

Individual, Group or Family options. Can be provided in your home, in the community or in another location.

Counseling

In moments of Crisis when immediate intervention is needed. Can be provided in your home, in the community or in another location.

Case Management

Case managers help with the day to day like making sure you make your appointments, have your medication and achieving your goals.

Special Day Programs

Intensive in patient treatment options

Medications

Our Medications department offers in person as well as Telehealth appointments with 5 different doctors and 3 different nurses.

For more Information:

Dept. of Health Care Services Website (www.dhcs.ca.gov)
Dept. of health care services mental health ombudsman's office:

1-800-896-4042