

NEXT STEP

INTENSIVE OUTPATIENT TREATMENT FOR WOMEN AND PERINATAL SERVICES

WHO CAN PARTICIPATE?

Next Step Intensive Outpatient Treatment is provided to substance using women (18 or over) who are pregnant and/or parenting children the age of 17 and under. "Parenting" includes a woman who is attempting to regain legal custody of her children. It is open to all women 18 or over, regardless of past or present parenting status. Perinatal Services Admission Priority (Regulation 45 CFR 96.131(a)) are any pregnant woman who seeks or is referred for and would benefit from services are given preference in admissions to treatment facilities. Priority admission for all women in perinatal funded services must be given in the following order:

1. Pregnant injection drug users:
2. Pregnant substance users;
3. Parenting injection drug users; and
4. Parenting substance users.

These services include assessments, providing referral and access to treatment and recovery services, possible funding for intensive outpatient and residential substance abuse treatment, case management, parenting, and other women-specific services

WHAT DOES THE PROGRAM INCLUDE?

The Intensive Outpatient Treatment Program is a 20 week program plus Aftercare.

The program includes: Assessment of each client Intensive education about the disease of addiction and its effect on individuals and families Individualized treatment planning and goal setting, and the support and treatment needed to reach those goals Group and individual counseling with case management as needed Parenting Skills Training Grounding in 12-step philosophy Aftercare: Group & Individual Counseling with Case Management

Childcare and transportation are provided for the length of the program. Referral to transitional housing is available for clients meeting requirements.

ADDITIONAL PROGRAM COMPONENTS:

- Referrals for co-occurring disorder services for clients with additional diagnosis of mental/emotional disorders
- Inter-Agency meetings and coordination of services
- Regular status reports to courts and CPS as required
- Access to primary medical and pediatrics care
- Case Management focused on securing safe housing, education, job training and/or search, and child care

Family members are encouraged to begin their own healing from the effects of another's alcohol and/or other drug use by attending Al-Anon and other community family groups being offered by other agencies.

CLEAN AND SOBER PROGRAM

NEXT STEP
is a
CLEAN & SOBER PROGRAM
and includes frequent random drug
testing on all clients

CONFIDENTIALITY

Because we receive federal funds, federal laws (42 CFR) mandate strict rules of confidentiality of client identities and records. Release of information about clients is limited to the specifications of these laws.

CRISIS

For all services and after hours crisis call the 24 hour access line:

1-800-842-8979